

FRONTIER CENTRAL ATHLETIC DEPARTMENT

Richard L. Gray
Director of HPER & Athletics
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Dear Fall 2021 Athletes & Parents/Guardians:

We would like to update you on the status of Fall 2021 Sports. As of now we believe all sports will proceed as normal starting this Fall. Below is some important information when getting your athlete ready to Start Practice in the Fall of 2021.

- A. **High School Sports Offered:** Practice Begins 8/23/21: JV/V Cheerleading, V B&G Cross Country, JV/V Football, V Boys Golf, V Girls Gymnastics, JV/V B/G Soccer, JV/V B/G Volleyball, V Girls Tennis, Varsity Girls Swim.
- B. **Middle School Football:** Practice Begins 8/26/21 Football, 7th and 8th grade Teams
- C. **Middle School Sports Offered:** Practice Begins 8/30/21 7th and 8th grade Cheerleading, 7th and 8th grade Girls soccer and Girls Volleyball, Boys Volleyball, Coed Modified Cross Country.

Below are steps you as Parents/Guardians should complete so we can start as soon as possible without your son/daughter missing a day of practice.

- 1. **REGISTRATION:** In order to play Fall Sports, you must register your son/daughter on FAMILY ID. **The Registration will open on July 23rd 2021 for JV/V and 7/30 for Modified Sports.** This is a paperless way to register for Athletics. Simply go to our Athletic Web Site on our District Home page and create your own login.
- 2. **Mandated Physicals:** All Athletes must have a current updated physical to be able to participate in Athletics. Current means a physical from 8/1/2020 to present for fall sports.
- 3. **Physicals:** Families can go to their own physician or get their physicals done at the High School. These are the following dates and time of physicals at the **High School 8/19/21 8am-Noon, 8/23/21 8am-Noon, & 8/30 8am-Noon.** Please call the High School Nurses Office to make your Physical Appointment. **Nurses Office 926-1721.**

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Go Falcons Beat Hamburg